

500.001 PROVISION OF SERVICES - Programming

Thursday, September 13, 2018 11:13 AM

Prevention Awareness Support Services	Policy Number: 500.001
309 W. High Street	Adopted: 2009
Suite A	Revised: November 18, 2020 November 15, 2023 May 6, 2024
Lima, Ohio 45801	OAC:

APPROVED: _____

SUBJECT: PROVISION OF SERVICES – Programming

POLICY: The Prevention Awareness Support Services provides SUD Prevention services and in doing so, has identified each prevention service provided through this agency, the criteria used for identifying the target populations receiving the prevention services and the procedures for processing requests for receipt of these services from other referral sources. The information on each available program will be made available, at www.passaah.org, for review by persons served, their family, significant others and the public.

Provide mental health, SUD and violence prevention education through the facilitation of training programs and program delivery including:

Program Name:	ACT Raising Safe Kids
Description:	The ACT Raising Safe Kids program presents healthy safe parenting skills to raise children. The program is delivered over nine 1.5 hour sessions.
Target Audience:	Parents of birth to 8 year old children. Single or couples are welcome.
Cultural Considerations:	Program is appropriate for all races and ethnic backgrounds, and inmates.
Method of Delivery:	Interactive classroom lecture, participant activities, media presentations.
Staff Development/Improvement:	12 hour initial training, video peer review and then certification. Ongoing training is possible through webinars by the APA. Parents are invited to complete and evaluation at the end of the course, and the evaluations are reviewed by presenters and leadership for program development and changes.
Evidence Based:	American Psychological Association; California Clearinghouse for Child Welfare https://www.apa.org/act/about

Program Name:	Blues Program
Description:	The Blues Program is a school-based prevention program for adolescents, ages 15-18, with depressive symptoms or adolescents who are at risk of onset of major depression. The program is delivered by 1-2 Facilitators who are familiar with cognitive behavioral methods of prevention and treating depression.
Target Audience:	Adolescents aged 15-18 at risk for depression
Cultural considerations:	Program is appropriate for all races and ethnic backgrounds, best if done single gender group environment.

Method of Delivery:	Interactive lecture and small group participation
Staff Development/Improvement:	Self-directed study, professional growth training
Evidence Based:	Blueprints for Health Youth Development; California Clearinghouse for Child Welfare https://www.blueprintsprograms.org/blues-program/

Program Name:	Botvin Lifeskills
Description:	Program that reinforces healthy decision making by teaching low-risk behaviors, choices, and emotional impact.
Target Audience:	High school aged youth - grades 9-12
Cultural Considerations:	Program is appropriate for all races and ethnic backgrounds
Method of Delivery:	Interactive lecture and small group participation
Staff Development/Improvement:	Self-directed study, professional growth training.
Evidence Based:	NREPP; OASAS

Program Name:	Catch My Breath
Description:	E-Cigarette and Jule prevention program
Target Audience:	Youth aged 10-18
Cultural Considerations:	Program is appropriate for all races and ethnic backgrounds
Method of Delivery:	Interactive lecture and small group participation
Staff Development/Improvement:	Self-directed study, professional growth training.
Evidence Based:	Public Health Reports (US Surgeon General) https://journals.sagepub.com/doi/full/10.1177/0033354919900887

Program Name:	Class Action - Project Northland
Description:	Adolescent alcohol prevention program
Target Audience:	High school aged students, grades 9-12
Cultural Considerations:	Program is appropriate for all races and ethnic backgrounds
Method of Delivery:	Illustrative lecture, small group discussions, role play
Staff Development/Improvement:	Self-directed study, professional growth training.
Evidence Based:	OASAS; Blueprints https://www.blueprintsprograms.org/dev/programs/50999999/project-northland/print/

Program Name:	Critical Incident Stress Management
Description:	Postvention Service. The CISM team utilizes the International Critical Incident Stress Foundation's format for delivering postvention response to critical incidents. ICISF trained volunteers respond, as requested, to support those impacted by a critical incident. Postvention services may include informational or interactive group processes, individual processes, and referral to professional counseling services.
Target Audience:	Emergency services, public safety, educators
Cultural Considerations:	This program is culturally appropriate for all races and ethnic backgrounds. For populations impacted by a critical incident. Care is taken to prevent.
Method of Delivery:	Individual and group discussion

Staff Development/Improvement:	Initial fourteen hour training, supplemented by numerous enrichment programs. Participants attend quarterly in-service competency trainings, and certification must be renewed every five years. Participants are offered anonymous on-line post-service evaluation.
Evidence Based:	NREPP

Program Name:	Crisis Intervention Team (Training)
Description:	Forty hour program in conjunction with mental health service providers to prepare law enforcement and emergency services to better interact with persons impacted by chronic or acute mental health concerns. The program follows national trends and recommendations for delivery of service.
Target Audience:	Law enforcement, corrections, communications, and emergency services.
Cultural Considerations:	This program is culturally appropriate for all races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, role play, site visits, multi-media.
Staff Development/Improvement:	All presenters are seasoned certified law enforcement instructors/or subject matter experts in the mental health and emergency services fields. Participants complete an evaluation which is reviewed for programmatic changes.
Evidence Based:	NREPP; Best Practice

Program Name:	DBT STEPS-A
Description:	DBT Skills Training for Emotional Problem Solving for adolescents (DBT STEPS-A) is a social emotional learning (SEL) curriculum developed to be implemented in middle and high schools in order to teach all adolescents effective emotional regulation, decision making, and problem solving skills.
Target Audience:	Middle and High School aged adolescents
Cultural Considerations:	This program is culturally appropriate for all races and ethnic backgrounds.
Method of Delivery:	Illustrative lecture, role play, group discussion and activities.
Staff Development/Improvement:	Presenter participated in a 24 hour facilitator training. Classroom teachers and participants provide feedback for program change opportunities.
Evidence Based:	Evidence Informed based on DBT

Program Name:	Drug Overdose Survivor Support
Description:	Postvention Services. The DOSS team responds to provide assistance and connection to family and loved ones impacted by a death resulting from overdose. Outreach in the form of mental health and social support is offered to connect persons in a more timely manner to formal clinical support if needed.
Target Audience:	Any person impacted by a death from overdose
Cultural Considerations:	This program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	On scene or funeral home visit with information dissemination and support.
Staff Development/Improvement:	Volunteers undergo a minimum of 12 hours of training in Mental Health First Aid, compassionate listening, crime scene etiquette, medical-legal issues. Volunteers are supervised by qualified prevention.
Evidence Based:	Evidence informed

Program Name:	Gatekeepers
Description:	Community based youth led prevention program for youth in middle or high school
Target Audience:	Middle and High school aged adolescents
Cultural Considerations:	This program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	Facilitator led small groups, youth led activities
Staff Development/Improvement:	Self-directed study, professional growth training. Participant evaluations are reviewed for program growth opportunities.
Evidence Based:	Best practice

Program Name:	Guiding Good Choices
Description:	The Guiding Good Choices program is designed to prevent substance abuse among teens by teaching parents of preteens and younger adolescents the skills they need to improve family communication and family bonding. The program draws on extensive research that demonstrates the critical importance of bonding in reducing or inhibiting adolescent participation in antisocial behaviors.
Target Audience:	Parents of pre-teens and younger adolescents aged 9-14.
Cultural Considerations:	Program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, multi-media, role play
Staff Development/Improvement:	Teachers, parent educators, or anyone who is comfortable facilitating parents' education can teach the Guiding Good Choices program. The Guiding Good Choices program pre- and post-tests serve as a tool for assessing the effectiveness of the program in changing parent knowledge, parent attitudes, and parent behavior.
Evidence Based	NREPP; OASAS; California Clearinghouse for Child Welfare

Program Name:	I Mind
Description:	One day substance use prevention and early intervention program for youth grades 7-12 using Healthy Futures program
Target Audience:	Youth in grades 7-12
Cultural Considerations:	Program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	Illustrative lecture, multi-media, small group discussion, SASSI inventory
Staff Development/Improvement:	Self-directed study, professional growth training. Participant evaluations are reviewed for program growth opportunities.
Evidence Based:	Office of Disease Prevention and Health Promotion (USDHHS)

Program Name:	LifeLines Suicide Prevention
Description:	Suicide prevention for youth. The program is presented over four forty-five minute sessions. Areas explored include suicide warning signs, preventions steps (show you care, how to ask questions, how to get help), review of video to show positive personal qualities, and scenarios to put it all together. Ultimately, students are asked to identify three trusted adults to tell if they are or know someone who is suicidal or needing help.
Target Audience:	Program is for upper elementary to high school aged students (age 10-18)

Cultural Considerations:	Program culturally appropriate for all races and ethnic backgrounds.
Method of Delivery:	Interactive classroom lecture, role play, multi-media
Staff Development/Improvement:	Participation in conferences related to suicide prevention and program delivery. Teachers are invited to complete an evaluation at the end of the course, and the evaluations are reviewed by presenters and leadership for program development and changes.
Evidence Based:	NREPP

Program Name:	Local Outreach to Survivors of Suicide
Description:	Postvention Service. The LOSS team responds to provide assistance and connection to family and loved ones impacted by a suicide. Outreach in the form of mental health and social support is offered to connect persons in a more timely manner to formal clinical support if needed.
Target Audience:	Any person impacted by a suicide death.
Cultural Considerations:	This program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	On scene or funeral home visit with information dissemination and support.
Staff Development/Improvement:	Volunteers undergo a minimum of 12 hours of training in Mental Health First Aid, compassionate listening, crime scene etiquette, medical-legal issues. Volunteers are supervised by qualified prevention.
Evidence Based:	Best practice

Program Name:	Mental Health First Aid - Adult
Description:	Mental Health First Aid is an 8-hour course that teaches how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives the skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.
Target Audience:	Adults over the age of 18
Cultural Considerations:	Program is culturally appropriate races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, role play, multi-media, participant capstone.
Staff Development/Improvement:	Instructors complete initial facilitator training and must teach a minimum of three courses annually to remain certified. Program revisions come from the National Behavioral Health Council and instructors complete periodic update modules. Participants complete an evaluation for each course taught. Those evaluations are reviewed internally and improvements are made as identified in the evaluations.
Evidence Based:	NREPP

Program Name:	Mental Health First Aid - Youth
Description:	Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may

	occur, disruptive behavior disorders (including AD/HD), and eating disorders.
Target Audience:	Persons working youth, teachers, parents, faith based leaders
Cultural Considerations:	Program is culturally appropriate races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, role play, multi-media, participant capstone.
Staff Development/Improvement:	Instructors complete 40 hours of initial training and must teach a minimum of three courses annually to remain certified. Program revisions come from the National Behavioral Health Council and instructors complete periodic update modules. Participants complete an evaluation for each course taught. Those evaluations are reviewed internally and improvements are made as identified in the evaluations.
Evidence Based:	NREPP

Program Name:	Minimize Risk, Maximize Life
Description:	Minimize Risk, Maximize Life is a low-risk drinking course for adults that focuses on adult alcohol use and adult prevention. This flexible and adaptable curriculum gives simple, straightforward answers to questions like, "Is drinking alcohol OK?"
Target Audience:	Adults 18 and over
Cultural Considerations:	Program is appropriate for all races and ethnic backgrounds.
Method of Delivery:	Interactive classroom lecture, participant activities
Staff Development/Improvement:	Six hour presenter training in program delivery.
Evidence Based:	Evidence Informed (Pending Review)

Program Name:	Olweus Bullying Prevention
Description:	Olweus Bullying Prevention Program (OBPP) is a comprehensive, school-wide program that was designed to reduce bullying and achieve better peer relations among students in elementary, middle, and junior high school grades. Training is a two day certification program, plus six hours of school staff training.
Target Audience:	Children, Teachers, and Parents
Cultural Considerations:	Program is appropriate for all races and ethnic backgrounds.
Method of Delivery:	Interactive classroom lecture, participant activities, role play
Staff Development/Improvement:	Three day presenter training for three year certificate that requires 21 hours of professional development to renew.
Evidence Based:	Blueprints for Healthy Youth Development, OASAS

Program Name:	PAX Good Behavior Game
Description:	The PAX Good Behavior Game has three components - PAX Good Behavior Game Partner, PAX Tools, and PAX Tools for Schools at Home. The program helps educators with classroom management and discipline in a healthy and constructive manner, while companion courses are offered for support personnel at schools and parents of children who attend schools where PAX is utilized.
Target Audience:	Educators, staff and parents of elementary aged school children.
Cultural Considerations:	Program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, role play, participant activities.
Staff Development/Improvement:	PAX facilitated presenter trainings for each of the three areas.
Evidence Based:	OASAS; California Clearinghouse for Child Welfare

Program Name:	Positive Parenting Program
Description:	Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.
Target Audience:	Parents of children aged 0-12
Cultural Considerations:	Program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	Illustrative lecture, role play, group discussions
Staff Development/Improvement:	Formal accreditation training in levels 3 and four, mentored training/supervision by seasoned trainer
Evidence Based:	California Clearinghouse for Child Welfare, OASAS

Program Name:	Project Alert
Description:	The program encourages the use of refusal skills in promoting healthy behaviors including drug-free life choices.
Target Audience:	Middle School aged children in grades 7-8
Cultural Considerations:	Program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	Illustrative lecture, role play, group discussions
Staff Development/Improvement:	Self-directed study, professional growth training
Evidence Based:	NREPP; California Clearinghouse for Child Welfare

Program Name:	Question. Persuade. Refer.
Description:	QPR Gatekeeper suicide prevention training program prepares individuals to engage with someone experiencing a suicidal crisis, identify critical warning signs, and refer to appropriate care.
Target Audience:	High school students grades 9-12 and adult populations
Cultural Considerations:	Program is culturally competent for all races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, role play. In person or remote virtual learning.
Staff Development/Improvement:	QPR Gatekeeper train-the-trainer and then present minimum number of programs annually.
Evidence Based:	NREPP

Program Name:	Refuse, Remove, Reasons (RRR)
Description:	RRR targets substance use and abuse. Topics include alcohol, tobacco, marijuana, prescription medications, steroids, opiates, synthetics medicines, and consequences to use. Presented over five classroom sessions.
Target Audience:	Students aged 12 -18
Cultural Considerations:	Program is culturally appropriate for all races and ethnic backgrounds.
Method of Delivery:	Interactive classroom lecture
Staff Development/Improvement:	Staff are invited to complete an evaluation at the end of the course, and the evaluations are reviewed by presenters and leadership for program development and changes. On-line update training for presenters.
Evidence Based:	OASAS

Program Name:	Signs of Suicide
Description:	A suicide prevention program that decreased suicide attempts by students, increases participant's ability to identify signs and symptoms of depression and to respond in a way that keeps

	students safe, and encourages students to seek help for themselves or a friend.
Target Audience:	Youth aged 10-19
Cultural Considerations:	Program is culturally appropriate for all races and ethnic backgrounds.
Method of Delivery:	Training, peer-to-peer, screening, consultation, and community education.
Staff Development/Improvement:	Presented in coordination with Nationwide Children's Hospital
Evidence Based:	NREPP

Program Name:	Stacked Deck
Description:	This evidence-based gambling prevention curriculum has shown significant and sustained changes among young people in their attitude toward gambling. In six sessions covered over a two to three week time period, <i>Stacked Deck</i> uses math, decision-making, and problem-solving skills to prevent the onset of gambling issues in youth.
Target Audience:	Students grades 9 -12 and adults.
Cultural Considerations:	Program is culturally appropriate for all races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, role play
Staff Development/Improvement:	Self-directed study, professional growth training.
Evidence Based:	NREPP

Program Name:	Too Good For Drugs
Description:	The Too Good for Drugs evidence-based substance use prevention program for third grade students uses a fun and interactive (age appropriate) approach to developing drug resistant skills.
Target Audience:	Students in 1st, 2nd, and 3rd grades
Cultural Considerations:	Program is culturally appropriate for all races and ethnic backgrounds.
Method of Delivery:	Interactive lecture, group discussions, OTTO the ROBOT
Staff Development/Improvement:	Self-directed study, professional growth training.
Evidence Based:	OASAS; California Clearinghouse for Child Welfare

Program Name:	Wellness Initiative for Senior Education (WISE)
Description:	<p>The WISE (Wellness Initiative for Senior Education) Program is a wellness and prevention intervention targeting older adults. WISE provides educational services on topics, including medication misuse and management, stress management, depression, and alcohol and other substance use. Created by the New Jersey Prevention Network (NJPN) and implemented locally by prevention agencies across the country, WISE promotes health through education concerning high-risk behaviors in older adults.</p> <p>The program is based on five theoretical concepts that connect a person's beliefs about their health with their behavior, as described in the Health Belief Model, including 1) a person's belief that his or her health may negatively change, 2) the extent to which a person associates a personal health condition with pain or difficulty, 3) a belief that the benefits of changing behavior outweigh any costs, 4) using cues and reminders to promote behavior change, and 5) self-confidence about ability to improve health through making changes. The program is presented over six two hour sessions.</p>

Target Audience:	Persons aged 60 and older.
Cultural Considerations:	This program is culturally competent for all races and ethnic backgrounds, senior adults.
Method of Delivery:	Interactive lecture, class room activities, participant feedback.
Staff Development/Improvement:	Presenters are mentored to become familiar with the material and present under close observation until information competency is obtained. Presenters are then monitored by seasoned presenters. Participants complete a course evaluation, which is reviewed by the presenter and administration for any program changes or enhancements
Evidence Based:	NREPP

Program Name:	
Description:	
Target Audience:	
Cultural Considerations:	
Method of Delivery:	
Staff Development/Improvement:	
Evidence Based:	

PROCEDURE:

- When a request for programming is made, either by phone, e-mail, fax, or other method, the request is then shared with the staff member whom is trained in the evidence based program or material requested for the programming. The staff members then contacts the organization making the request and establishes a time to present the material while keeping the information and time to program fidelity. PASS will perform services to program fidelity as contracted with consumers and solicit evaluations of program performances each time.

Where the authors of an evidence based program have provided a fidelity based pre-post evaluation tool, such tool will be administered to participants. Additionally, the Program Evaluation Form developed by PASS will be provided to the appropriate participants (teachers, students, participants, etc.). The evaluation forms will be provided to the Director, for the leadership team to review the evaluations to ensure delivered programs are meeting the needs of the consumers and are delivered to fidelity of the program. The leadership team will review the evaluations regularly to make any adjustments to programs as necessary. Evaluations will be maintained for the duration of the agency license cycle and/or in accordance with records retention rules.



Program Evaluation Form

School: _____ Teacher: _____ Date: _____

Program Facilitated: _____ Facilitator Name: _____

1. How relevant was the presenter's content to your students?

- ☐ Extremely Relevant
- ☐ Relevant
- ☐ Somewhat Relevant
- ☐ Not at all Relevant

2. How knowledgeable did you think the presenter was on the topic discussed?

- ☐ Extremely Knowledgeable
- ☐ Knowledgeable
- ☐ Somewhat Knowledgeable
- ☐ Not at all Knowledgeable

3. How engaging was the presenter?

- ☐ Extremely Engaging
- ☐ Engaging
- ☐ Somewhat Engaging
- ☐ Not at all Engaging

4. What did you find most valuable about this program? Please explain.

5. What did you find less valuable about this program? Please explain.

6. Additional Comments:

Questions or concerns?
Contact Lucy Flowers, DCPS
Director, School-Based Prevention Programs
lflowers@passaah.org or call 419-549-8530 x 103